ECT for Treatment-Resistant Depression: The State of the Art

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For patients with treatment-resistant depression, ECT is a viable treatment option—one that should no longer be relegated to the option of last resort.

Modern ECT is a remarkably safe, effective, and well-tolerated treatment, according to Charles Kellner, MD, who discusses the state-of-the-art of this mode of therapy in this video. ECT can be particularly effective for geriatric depressed patients, many of whom do not tolerate or respond well to antidepressants.
Dr Kellner is Professor of Psychiatry and Chief of the Division of Geriatric Psychiatry at the Mount Sinai School of Medicine and Director of the ECT Service of the Mount Sinai Medical Center in New York.

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