6 Psychotherapy Questions for Medically Ill Patients

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A brief psychosocial tool that offers compassionate, tailored care using existential neuroscience, a new perspective for conducting bedside psychotherapy.

Helping a chronically ill patient who uses relational coping begins by assessing which types of relationships matter most and how, then reestablishing access to that relationship or reproducing its function by using members of the treatment team as proxies. These 6 questions can help to begin a conversation; they do not replace but complement other psychotherapeutic tools that can be implemented in brief encounters.

Scroll through the slides for the discussion and questions.

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Disclosures:
Dr Griffith is Leon M. Yochelson Professor and Chair and Dr Gaby is Clinical Assistant Professor in the department of psychiatry and behavioral sciences at The George Washington University School of Medicine, Washington, DC. The authors report no conflicts of interest concerning the subject matter of this article.

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